

DIRECTOR / INSTRUCTOR

KATHI PLUG

- NCCP Hockey Coach Level OMHA
- NCCP Level 2 Figure Skating
- NCCP Level 3 Technical Skating
- CFSA Canpowerskate Certification
- CFSA Triple Gold Medalist
- St. John Ambulance First Aid
- 44 Years Coaching Experience
- Program Director of St. Catharines Recreational Skate

Payment Options:

- E-Transfer:
Email Registration form first to KPPSPAYMENT@GMAIL.COM .
Include the password.
Then email the ETransfer to same address.
- Mail In with completed Registration Form and cheque or Money Order.

More Information

- **NO SKATING MAY 20th 2019**
- Email AnneMarie to reserve a spot.
- Applications are taken on a first come basis
- Application fees due in full with registration
- Registration as of March 25, 2019 will determine feasibility of spring school
- Postdated cheques no later than July 1, 2019 for September Session
- A charge of \$15.00 will be levied on all
- Returned Cheques
- Instructor to Pupil ratio; 1 to 6 for Power Skate; 1 to 8 for Recskate
- Receipts will be issued upon request.
- **FULL EQUIPMENT, FACECAGE, MOUTHGUARD & STICK MANDATORY FOR ALL POWER SKATE SESSIONS.**
- **HELMET & FACECAGE MANDATORY FOR ALL RECSKATES**

OBJECTIVE OF SCHOOL

To reach the maximum power from every stroke and to correct and redefine technique. To develop and improve skating skills as well as power, balance and agility.

28th ANNUAL KATHI PLUG POWER SKATE 2019

SPRING SESSION

April 29 - June 18, 2019

Seymour-Hannah Sports Centre

ST. CATHARINES

SEPTEMBER SESSION

September 3 – September 26, 2019

Seymour-Hannah Sports Centre

ST. CATHARINES

NEW!! RECSKATE LESSONS ON MONDAYS

You can get information online at:

www.kppskate.ca

AnneMarie LaFleche

Manager

905-941-4936

SPRING

Mondays April 29 – June 24, 2019

SESSION A: O Preschool 3-6 yr FEE: \$150.00

O Parent & Tot 2-4 yr

Mondays 10:10 – 11:00 am

SESSION B: O Preschool 3-6 yr FEE: \$150.00

O Parent & Tot 2-4 yr

Mondays 1:30 – 2:20 pm

SESSION C: Powerskate 5-7 yr FEE: \$200.00

Mondays: 5:00 – 5:50 pm

D & E Recskate 4-6 yr, 7-9 yr, 10+ FEE: \$165.00

SESSION D: O Recskate

O Mini Power

O Recfigureskate

Mondays 6:00 – 6:45 pm

SESSION E: O Recskate

O Mini Power

O Recfigureskate

--Mondays 6:45 – 7:30 pm

SPRING ADULT

SESSION G: Adult RECskate FEE: \$160.00

Mondays 1:30 – 2:20 pm

HELMETS ARE REQUIRED

SPRING POWER SKATE

Tuesdays April 30 – June 18, 2019

SESSION H: 4-6 yr FEE: \$200.00

Tuesdays: 5:10 – 6:00 pm

SESSION J: 6-8 yr FEE: \$200.00

Tuesdays: 6:10 – 7:00 pm

SESSION K: 8-11 yr FEE: \$200.00

Tuesdays: 7:10 – 8:00 pm

SESSION L: 10-15 yr Elite FEE: \$200.00

Tuesdays: 8:10 – 9:00 pm

SPRING ADULT

SESSION M: Adult Power FEE: \$210.00

Tuesdays: 9:10 – 10:00 pm

SEPTEMBER POWER SKATE

September 4 – 25, 2019

Monday & Wednesday Sessions

Note: Monday & Wednesday Sessions

The classes start Wednesday September 4, 2019. There are NO lessons Labour Day September 2nd. Friday September 6th is the makeup day for Labour Day. All times remain the same.

SESSION N: 4-6 yr FEE: \$200.00

Mondays & Wednesdays: 5:10 – 6:00 pm

SESSION O: 6-8 yr FEE: \$200.00

Mondays & Wednesdays: 6:10 – 7:00 pm

SESSION P: 8-11 yr FEE: \$200.00

Mondays & Wednesdays: 7:10 – 8:00 pm

September 3 – 26, 2019

Tuesday & Thursday Sessions

SESSION S: 4-6 yr FEE: \$200.00

Tuesdays & Thursdays: 5:10 – 6:00 pm

SESSION T: 6-8 yr FEE: \$200.00

Tuesdays & Thursdays: 6:10 – 7:00 pm

SESSION U: 8-11 yr FEE: \$200.00

Tuesdays & Thursdays: 7:10 – 8:00 pm

SESSION V: 10-15 yr Elite FEE: \$200.00

Tuesdays & Thursdays: 8:10 – 9:00 pm

SESSION W: Adult Power FEE: \$210.00

Tuesdays & Thursdays: 9:10 – 10:00 pm

**HELMETS AND FACEGAGE ARE MANDATORY
FOR SESSIONS A, B, D & E**

**FULL EQUIPMENT, FACEGAGE, MOUTHGUARD
& STICK MANDATORY FOR POWER SKATE SESSIONS**

C,H,J,K,L,N,O,P,S,T,U & V

FULL EQUIPMENT & STICK REQUIRED FOR SESSIONS M & W

For more information

- Email KamLskate1@gmail.com
- Visit our website: www.kppskate.ca
- Call AnneMarie at 905 941-4936

KEEP THIS SECTION FOR FUTURE REFERENCE

Kathi Plug Power Skate is a division of 1182237 ONTARIO LIMITED.
All fees include 13% HST, Registration #89594 1391 RT

REGISTRATION FORM

Please Circle Session Letter

Spring: A B C D E F G H J K L M

September: N O P R S T U V W

NAME: _____

ADDRESS: _____

CITY: _____ PC: _____

EMAIL: _____

PHONE: _____ Male/ Female

BIRTHDATE: ____ / ____ / ____ AGE ____
 dd mm yy

I certify that the applicant is in good physical and mental health. I will assume all risks and hazards incidental to such participation including medical and dental expenses and do waive, release, absolve, indemnify and agree to hold harmless Kathi Plug, spouse and staff.

Sign: Parent or Guardian or Adult Skater

Please print name

Make cheques payable to:

KATHI PLUG POWER SKATE and mail along with this part of the signed registration form to:

**KATHI PLUG POWER SKATE
P.O. Box 25013, SDM-RPO,
Pen Centre – Glendale Ave.,
St. Catharines, ON L2T 4C4**

For Office Use Only

Spring

September

Cheque: _____

ETransfer _____

Cash: _____

Entered: _____